

Wednesday, January 9, 2013
12:00 pm
in LSC3



Dr. Najib Ayas

*Associate Professor
Critical Care Medicine
University of British Columbia*

Life Sciences Centre
2350 Health Sciences Mall

"Obstructive Sleep Apnea and Vascular Disease"

"Obstructive sleep apnea (OSA) is a common disease characterized by recurrent collapse of the upper airway during sleep leading to sleep fragmentation and nocturnal hypoxemia. Patients with OSA suffer from tiredness and sleepiness. However, OSA is being increasingly recognized as an important risk factor for the development of vascular disease including strokes and myocardial infarction. This lecture will review the epidemiologic and pathophysiologic links between sleep apnea and the development of premature vascular disease."

This Seminar is sponsored by:



Bayer HealthCare

Host: Dr. Ed Conway, CBR Director, Professor of Medicine, UBC