

Lynn Valley Hike

Brought to you by the CBR Health and Wellness Committee

Come Join us at the
Lynn Canyon Café on
Sunday, July 24,
@ 10AM


Use #lifeatcbr and share your photos!

Bring your
 friends & families!

Ice cream is on us!
 (Lynn Canyon Café Vouchers)

Pick your own adventures!

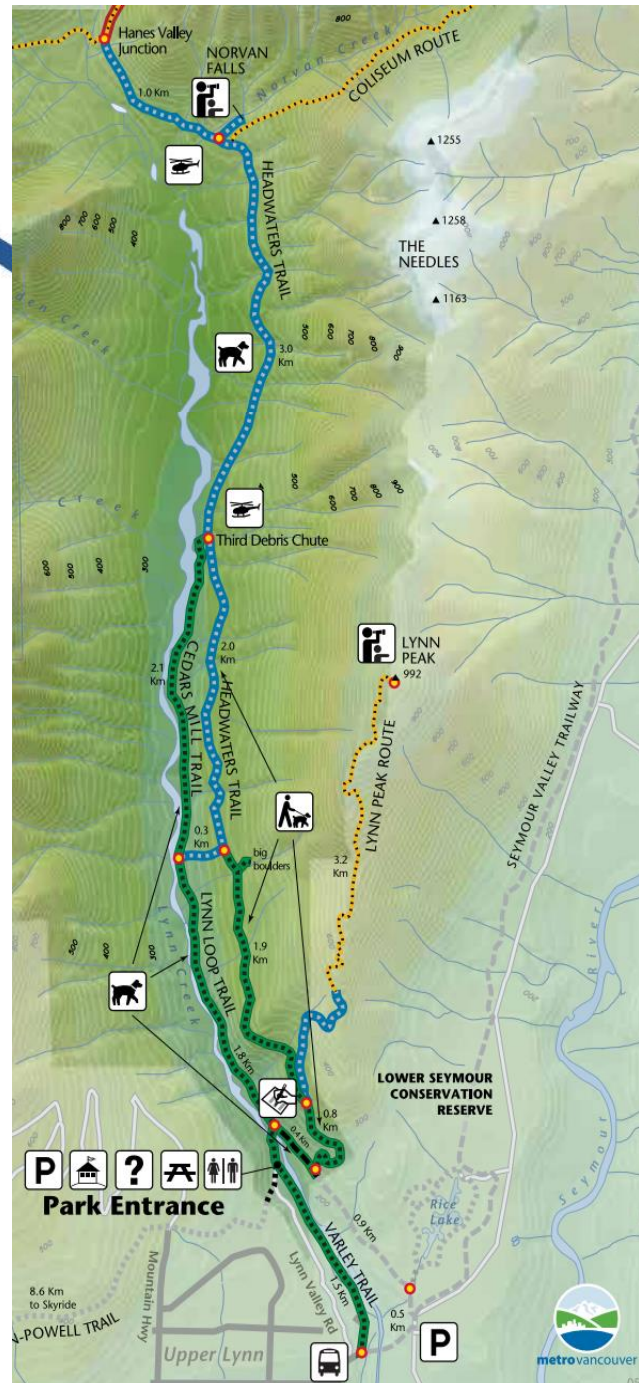
TRAIL INFORMATION PARK ENTRANCE

EASY TRAILS  Well-marked, suitable for families & children.

	KM RETURN	HRS RETURN	FROM PARK ENTRANCE HIKER REGISTRATION
VARLEY TRAIL	3.0	1	Boardwalks and stairs.
LYNN LOOP TRAIL	5.2	2	One steep section.
LYNN LOOP/CEDARS MILL to Third Debris Chute	7.8	3	Creekside trail only; return via the same route.
LYNN LOOP TRAIL	5.2	2	One steep section.

INTERMEDIATE TRAILS  Steep sections, rough and uneven surfaces.

CEDARS MILL & HEADWATERS TRAIL LOOP	8.0	4	Via Lower Lynn Loop Trail.
NORVAN FALLS	13.8	6	Via Lower Lynn, Cedars Mill & Headwaters Trails.



Register NOW!

tinyurl.com/hikecbr

