

2021 CBR-SBME SUMMER STUDENTSHIP PROGRAM

Welcome!



The kick-off event for the Virtual Summer Studentship Program will be the **Welcome Orientation on Tuesday, May 11, 2021.**



The Program events are listed below. For each event, you will receive email reminders and further information closer to the dates. Please be advised that you are required to participate in all of the mandatory events.

We also highly encourage you to attend the **CBR virtual seminars on Wednesdays from 11 am-12 pm (May to August)**, and **SBME virtual seminars on Thursdays from 11 am-12 pm (May to June)**. It is a good opportunity to learn about the cutting-edge research at CBR and SBME.

At the end of the Program, you will submit a **written report**, summarizing your research project, reflecting on your Program experience, and assessing the overall Program. More instructions will be provided to you later in the Program. You will also need to complete an **online survey** (link will be sent out after Research Day). **Report & survey submission deadline: August 27, 2021.**

Finally, follow the CBR and SBME social media accounts and stay up-to-date on our activities:

CBR:  [@CBR_UBC](https://twitter.com/CBR_UBC)  [@cbrubc](https://facebook.com/cbrubc)  [@cbr_ubc](https://instagram.com/cbr_ubc)

SBME:  [@BME_UBC](https://twitter.com/BME_UBC)  [@ubcsbme](https://instagram.com/ubcsbme)

If you have any questions, please email the Program leads, Dr. Carmen de Hoog (carmen.dehoog@ubc.ca) or Dr. Stefanie Mak (stefanie.mak@ubc.ca).

CALENDAR AT A GLANCE (MANDATORY EVENTS)

May							June							July							August						
S	M	T	W	R	F	S	S	M	T	W	R	F	S	S	M	T	W	R	F	S	S	M	T	W	R	F	S
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2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30	31				
30	31																										

Socials	Skills Sessions	Career Development	Symposium	Holiday
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EVENT*	DATE	TIME (ALL TIMES PT)
Welcome Orientation	May 11, 2021	10 – 11 am
Paint Night Social	June 11, 2021	5 – 8 pm
Escape Room Social	July 16, 2021	3 – 4:30 pm
“Picture a Scientist” virtual film screening	<ul style="list-style-type: none"> Available for 72 hours starting on May 13 Available for 72 hours starting on June 14 	
“Picture a Scientist” panel discussion <ul style="list-style-type: none"> hosted by BCCHRI hosted by Faculty of Medicine 	May 13, 2021 June 17, 2021	12 – 1 pm 3 – 4 pm
Program Check-in	Week of June 14, 2021	15-20 min session
Faculty of Medicine Career Day	June 3, 2021	1 – 4 pm
Design Your Life	June 22, 2021	12 – 1 pm
Career Exploration Panel	July 13, 2021	10 – 11:30 am
Lay Summary Writing Practical Workshop	June 29, 2021	10 – 11 am
Time Management Skills	July 20, 2021	10 – 11 am
Effective Presentation Skills Practical Workshop	August 4, 2021	10 am – 12 pm
Drop-in Research Day rehearsal	August 9, 2021	10 – 11 am
Norman Bethune Symposium (CBR)	May 18, 2021	8 am – 3:30 pm
SBME Annual Symposium	June 8-9, 2021	9 am – 1 pm
Research Day	August 11, 2021	10 am

***Note: Events highlighted in bold are mandatory components for the CBR-SBME Summer Studentship Program. More details will be provided closer to the event date.**

Snapshot of mandatory events:

- *Lay Abstract Writing Practical Workshop:*
 - During this practical session, you will be revising your draft lay (i.e., plain-language) summary for the Research Day program booklet and final report, and receiving feedback from the facilitators and your peers. Students are encouraged to share their audio and video for the duration of this session.
 - To prepare, please watch the [‘Writing an Awesome Lay Abstract’ online learning modules by SciCATs](#) and bring an 80-100 word lay summary of your summer research project.
 - **Zoom link:** <https://ubc.zoom.us/j/61245475104?pwd=eTNOQldkZnVnOVNqRk5LWUt5Vlo4Zz09>
- *Effective Presentation Skills Practical Workshop:*
 - During this practical session, you will be practicing your talk for Research Day, and receiving feedback from the facilitators and your peers.
 - To prepare, please watch the [‘Snazzy Slides’ and “Public Speaking and Presentation Skills’ online learning modules by SciCATs](#), bring a draft of your oral presentation slides, and prepare a rough 2.5 min research talk.
 - **Zoom link:** <https://ubc.zoom.us/j/66181050641?pwd=Uk41S0FyVHVxd2NDbzZlZnZdiaE1UUT09>
- *Time Management Skills (Achieve More in Less Time):*
 - We will discuss the importance of time management, explore chaos and its negative impacts on time, review time wasters and strategies to overcome them, and learn new time management techniques. Presented by Neda Brasanac, BA, MA, MSc, [Real Life Counselling](#).
 - *Hosted in partnership with BC Children’s Hospital Research Institute (BCCHRI) Summer Studentship Program.*
 - **Zoom link:** <https://zoom.us/j/97995875100>
- *Escape Room Social*
 - Learn the cool research that is happening at CBR and SBME, work as a team to solve puzzles, and see if you can escape UBC!
- *Program Check-in*
 - Meet with CBR and SBME program coordinators, share your program experience/concerns, and chat about anything that’s on your mind!
- *Design Your Life*
 - What do you want out of life, at your university and beyond? This interactive session draws on the [principles of Design Thinking](#) to help you design lives that are rich in fulfillment, joy, and creativity. Participants are encouraged to come to this session with a sense of playfulness and creativity, and will be challenged throughout the session to venture outside of their comfort zones in order to explore potential futures. Presented by Dr. Danielle Barkley, Career Educator,

- UBC Centre for Student Involvement and Careers. Hosted in partnership with BCCHRI Summer Studentship Program.
- To make the most out of this session, you will be expected to actively participate in small breakout rooms and will be requested to share their audio and video for the duration of this session.
 - **Zoom link:** <https://ubc.zoom.us/j/64286065563?pwd=R1IPV3JiMFJqU0I2M0Qwdm9UN2tTQT09>
- *Career Exploration Panel*
 - Meet and network with professionals in academia, healthcare and industry, learn about their career paths, and hear their advice on career development.
 - *Hosted in partnership with BCCHRI Summer Studentship Program.*
 - **Zoom link:**
<https://ubc.zoom.us/j/69865065813?pwd=bW9DZDI0SGRwb0lwVWtYeFBEOHVPUT09>
 - *Research Day:*
 - Present your summer research in front of your peers, friends, family and CBR-SBME community, hear an inspirational keynote talk, and celebrate the end of the Summer Studentship Program!

Snapshot of optional events:

- “Picture a Scientist” film screening & panel discussion:
 - *Picture a Scientist* is a feature-length documentary film chronicling the groundswell of researchers who are writing a new chapter for women scientists. A biologist, chemist and geologist lead viewers on a journey deep into their own experiences in the sciences, overcoming brutal harassment, institutional discrimination, and years of subtle slights to revolutionize the culture of science. From cramped laboratories to spectacular field stations, we also encounter scientific luminaries who provide new perspectives on how to make science itself more diverse, equitable, and open to all. [Movie Trailer](#) | *Run Time – 97 Minutes.*
- Norman Bethune Symposium: Join us for keynote presentations on advances in patient blood management, challenges in trauma-induced bleeding, blood type and COVID-19 risk, disorders of red blood cell metabolism, new approaches in blood products, and blood products in traumatic brain injury. [Visit the CBR website for more information and to register.](#)
- SBME Annual Symposium: Join us for industry panels, research presentations, poster sessions, and keynote talks from Dr. Ali Khademhosseini and Dr. Jennifer Elisseeff. [Visit the SBME website for more information.](#)